

## Who we support

Our service supports adults, young people and children with links to the Maroondah, Yarra Ranges and Knox areas who have experienced family violence and would benefit from engagement in a therapeutic response.

We welcome and provide tailored support to people from all communities including Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse, LGBTIQ+, and those who have a disability.

## Get in touch

For more information or to make a referral, contact:

Pathways to Resilience

T: 8870 4040

E: [pathwaystoresilienceoe@vt.uniting.org](mailto:pathwaystoresilienceoe@vt.uniting.org)

## Learn more

[pathwaystoresilience@vt.uniting.org](mailto:pathwaystoresilience@vt.uniting.org)

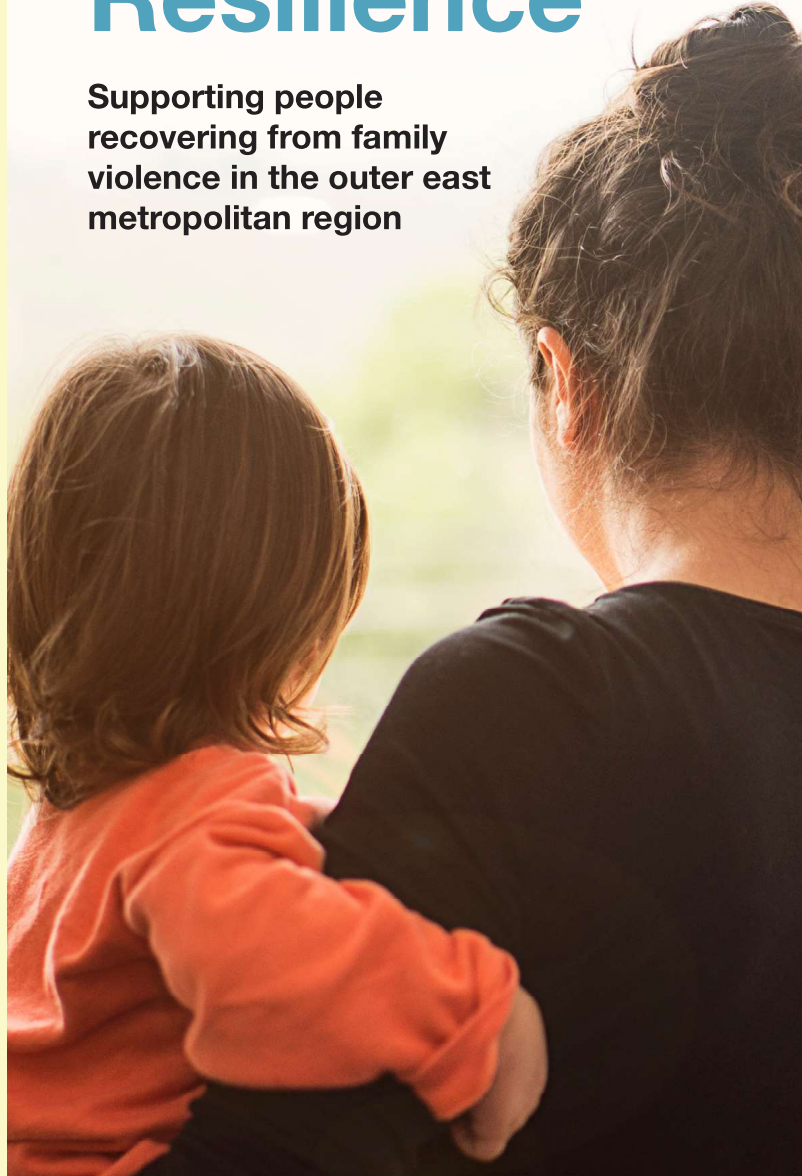


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LAM-Eastern Melbourne-Pathways to Resilience-v6

# Pathways to Resilience

Supporting people recovering from family violence in the outer east metropolitan region





## Therapeutic Approach

Our services are provided in safe, supportive and private environments. Services are:

- Trauma informed
- Safety focused
- Recovery focused
- Evidence informed
- Person centred
- Culturally respectful and inclusive

**Pathways to Resilience** provides a range of integrated therapeutic responses to support adults, young people and children who have experienced family violence. Services in the outer east metropolitan region are provided through Uniting, Safe Futures Foundation, EACH, Family Access Network (FAN) and the Australian Childhood Foundation (ACF).

## Finding the right supports

We offer therapeutic programs tailored to various ages, stages and cultural communities:

- Therapeutic assessment and planning
- Enhanced therapeutic support
- Clinical counselling for adults and children

Group work programs including:

- Primary school aged programs
- Adolescent programs
- Women's groups
- Mothers and children's groups
- Groups for lesbian, gay, bisexual, transgender, intersex and queer (LGBTIQ+) young people

## Tailored Service Delivery

Client led assessment and planning ensures services are tailored to meet your individual needs and goals.

Services are provided from our offices and in the community.

