



# Family Access Network Inc

*Making a Difference in Young People's Lives since 1981*



## YOUNG MUMS GROUP

The Young Mum's Group (YMG) provides a safe & friendly environment for young (15-25) pregnant or parenting women to meet weekly. Our aim is to enable women to develop friendships, self-esteem and connectedness; this is achieved through peer interaction and participation in the weekly planned activities.

YMG provides activities such as; social outings, cooking, art, craft, educational guest speakers, healthy relationships and so much more.

*We meet every Tuesday from 12-2pm  
@ The Mitcham Family Centre  
15 Brunswick Road Mitcham*

Each term a calendar of events is formed and you can download this on our website, this will let you see what is happening for the term.

Clients are welcome to just show up on the day, but we encourage both clients and/or workers to call ahead of time on 9890 2673 and ask to speak with the Team Leader

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