



**FAMILY ACCESS  
NETWORK**

*Young Mums Group*

**TERM 4 2018**

YOUNG MUMS GROUP IS PROUDLY RUN BY FAMILY  
ACCESS NETWORK AND  
FUNDED THROUGH THE CITY OF WHITEHORSE

WHERE: THE MITCHAM FAMILY CENTRE

15 BRUNSWICK ROAD MITCHAM (A QUICK WALK  
FROM THE TRAIN STATION)

TIME: 12-2PM (LIGHT LUNCH PROVIDED)

DATE: TUESDAYS DURING SCHOOL TERMS

CONTACT DETAILS: IF YOU REQUIRE ANY  
FURTHER INFORMATION PLEASE CONTACT FAN  
ON 9890 2673 OR ALTERNATIVELY VIA EMAIL  
FAN@FAN.ORG.AU



# TERM 4 2018 CALENDER

**9 OCTOBER** WELCOME BACK! LET'S GET TO KNOW EACH OTHER OVER LUNCH AND GAMES

**16 OCTOBER** TAPE PAINTING ON CANVAS! SOMETHING FUN TO DISPLAY IN YOUR HOUSE OR CHILD'S ROOM

**23 OCTOBER** SENSORY PLAY - CALMING LAVENDER PLAYDOH – GREAT FOR BOTH MUMS AND BUBS

**30 OCTOBER** SELF-CARE SESSION !- DETAILS TO BE CONFIRMED

**6 NOVEMBER** NO GROUP - PUBLIC HOLIDAY

**13 NOVEMBER** FAMILY PLANNING VICTORIA ATTENDING GROUP TO HAVE A CHAT

**20 NOVEMBER** BBQ AT THE PARK – LET'S GET OUTSIDE FOR SOME OUTDOOR PLAY AND BBQ LUNCH

**27 NOVEMBER** KIDS NUTRITION SESSION - DETAILS TO BE CONFIRMED

**4 DECEMBER** DIY CHRISTMAS DECORATIONS

**11 DECEMBER** PLAY CENTRE! LET'S CHILL WHILE THE LITTLE ONES ENJOY THEMSELVES AT THE PLAY CENTRE

**19 DECEMBER** JOIN US ON WEDNESDAY 19 DECEMBER FOR ANNUAL FAN CHRISTMAS PARTY – DETAILS TO BE CONFIRMED