

Catchment Area;

Boroondara, Knox, Manningham,
Maroondah, Monash, Whitehorse,
Yarra Ranges

**Referrals can be made directly to the
HYDDI worker, 9-5, on 9890 2673 or
0400 683 747 (Mon-Thurs)**

**If you require more immediate assistance,
please call:**

Eastern Health Psychiatric Triage
1300 721 927
Lifeline – 13 11 44
Crisis Line – 13 6 169
Suicide Helpline – 1300 651 251

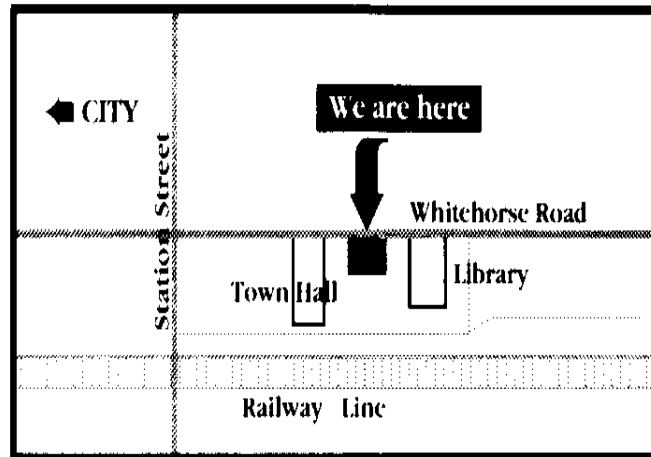
Contact Details;

**Address 1030 Whitehorse Road
Box Hill VIC 3128**

**P (03) 9890 2673
F (03) 9890 9919**

**Mail PO Box 141 Box Hill VIC 3128
www.fan.org.au | E fan@fan.org.au**

Where we are located;



FAN

Homeless Youth Dual Diagnosis Initiative (HYDDI)

(A joint Eastern Health and
Family Access Network Project)

The initiative is funded by the DH to improve the youth homelessness sector's response to young people across the EMR who have impacting substance use and mental health issues with a view to maximising the young person's recovery.

When to refer;

Sometimes a young person cannot articulate what is wrong other than to say something is 'not quite right'. The following early warning signs may help guide your referral:

- ◆ Suspiciousness
- ◆ Tension
- ◆ Palpitations
- ◆ Headaches
- ◆ Intrusive or worrying thoughts
- ◆ Perception that things around them have changed
- ◆ Excessive risk-taking behaviour
- ◆ Rapid or persistent behavioural change
- ◆ Feelings of hopelessness
- ◆ Hazardous substance use
- ◆ Emerging unusual beliefs
- ◆ Belief that thoughts have speeded up or slowed down
- ◆ Changes in sleep patterns
- ◆ Increase or decrease in appetite
- ◆ Sudden mood changes
- ◆ Isolating self/Withdrawing from peers
- ◆ Change in peers
- ◆ Lack of interest in regular activities/hobbies
- ◆ Lack of motivation
- ◆ Difficulty concentrating
- ◆ Decrease in performance at school or work
- ◆ Fatigue
- ◆ Depression
- ◆ Irritability
- ◆ Aggressive/Abusive behaviour
- ◆ Anxiety/Nervousness
- ◆ Paranoia

Referral Criteria;

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To be eligible for the service the young person needs to:

- ◆ Have an impacting substance use and mental health issue (no formal diagnosis required) or are presenting with potential early signs and symptoms of mental health and/or AOD problems
- ◆ Have a primary Case manager in the homelessness sector who is working with the young person
- ◆ Be aged between 16-25 years old
- ◆ Not be acutely at risk to themselves or others

(If a young person presents with clear psychotic symptoms, serious risk to themselves or others and/or is likely to require longer term ongoing treatment they would be more appropriately referred to other services either within the public or private mental health system).

Referral Information

- ◆ Young person's name, dob, address, ph. No.
- ◆ Reason for referral
- ◆ Risk issues
- ◆ Past & current mental health & AOD issues
- ◆ Management plan, including services involved

What the HYDDI Worker can provide;

1. Direct help with a young person by:

Working from a **shared care model** providing assistance with:

- ◆ Assessment i.e. making sense of what might be going on for the young person
- ◆ Treatment recommendations
- ◆ Short term Interventions
- ◆ Appropriate referral options including assistance with building links to the mental health and AOD service systems
- ◆ Telephone advice
- ◆ Secondary and tertiary consultation

2. Sector Capacity Building:

- ◆ Education, training and information around dual diagnosis
- ◆ Assistance with making services more responsive to young people who have co-presenting mental health and AOD issues.

Who can Refer?

Workers from the Youth Homelessness Sector